



YMCA

We build strong kids,  
strong families, strong communities.

Since 1851, YMCAs have served the ever-changing needs of America's families, and today, more than 2,400 YMCAs across the country partner with families to build strong kids and strong communities. The YMCA is for people of all faiths, races, abilities, ages and incomes. YMCA's strength is in the people they bring together. The Metuchen YMCA is dedicated to providing high-quality and affordable family programs. The Metuchen YMCA offer families special events like Parents Night Out, Family Fun Night, Healthy Kids Day, Halloween Carnival and for the first time ever the 2003 Baby Fair.

YMCA's National Healthy Kids Day, 9<sup>th</sup> Annual Halloween Carnival and the First Annual Baby Fair are fun-filled community events that serve the families in their own community by providing a resource that is available to them in their own back yard. So if you are new to the community, starting a family or want to become more involved with your local YMCA these events are the perfect opportunity to do so.

The first annual Baby Fair held on September 14<sup>th</sup> between 3pm and 5pm is expected to have hundreds of families (estimated attendance 200) in the Metuchen and Edison area to serve new parents or soon-to-be parents or parents that want to continue bonding with their children. This event is to promote the tools and relationships that are needed to raise a healthy and loving family. The Baby Fair will provide individuals and their families the resources that connect them with local hospitals, medial professionals, vendors, child care providers and a variety of YMCA's program and services that build a support system in outside the family and in the community in which we live.

The Metuchen YMCA will love to have you as part of this event! If you have any further inquiries regarding this or the Family Life Program, please call Julisa Fiumaro, Family Life Director at 732-548-2044 at the Metuchen Branch YMCA.